START YOUR JOURNEY TO YOU!

Begin your project with the end in mind

Goal	Date Started	Date ending



Context

What is your one goal you want to work on now?	
What is your time frame?	
What steps do you need to take to get there?	

Vision Statement

My goal is to

so that I am



Context

What is your outcome when you have achieved your goal?	
How will you feel when you have achieved your goal?	
Describe what you see when you have achieved your goal?	
Describe what you hear when you have achieved your goal?	



Notes....

Any little problems along the way, work them out below.....

For questions or feedback, please email info@Rockchic.online.

